

## Why the Catalyst 4 Fitness Premium Supplement Line is Superior



- multi-vitamin and mineral formulas contain a full complement of amino acids to help with uptake and assist in protein synthesis. Many are chelates which further help with absorbability, as compared with vitamin oxides that have lower absorbability and may cause GI distress. Check your labels and see the difference in quality of ingredients!
- both the Daily Multi-Vitamin/Mineral Formula and For Women Only Formula contain Pancreatin 5X – one of the highest quality digestive enzyme complexes available
- there is an abundance of herbs and herbal complexes incorporated into the formulas to help enhance absorption and utilization of food in conjunction with the products
- high quality ingredients are used such as hydrolyzed whey (the fastest absorbing whey protein) and Stevia instead of maltodextrin and sucralose
- all tablets use rice polish (natural ingredient) instead of varnishes or other harsh chemicals that serve as binding agents to hold it together

- Super L-Carnitine in the Fat Loss Bundle also includes 50 mcg polynicotinate (*not picolinate*); this is important because it helps with the bioavailability and absorption of chromium in the body. It is most popular for those who want to lose weight, balance blood sugar levels, and improve muscle mass. Assists with weight loss, regulates insulin, and reduces cholesterol
- all products are manufactured in temperature-controlled environments to ensure efficacy and bioavailability of natural ingredients
- batch size is small. For instance, the whey protein is made in batches of 3000 containers so they don't sit on the shelf. A large manufacturer like GNC can keep their product on the shelf for 5 years, and while the whey protein won't go bad, the other ingredients can
- made and sourced in the United States